

TUESDAY				
7:00 AM mtg #24383 ONLINE	https://zoom.us/j/970584262?pwd=UmFxNIU0V3hkU0RYM21iTWVJWmtkQT09	Meeting ID 970 584 262 Passcode: 454347 Dial in: 669-900-9128	Contact: Jo 510-301-7933	Meets daily; format varies; same Zoom link & contact info
7:00 AM mtg #00537 ONLINE	https://zoom.us/j/715433435?pwd=MHVCM1gYb1VJVGVOZXIwDMvZXI5UT09	Meeting ID 715 433 435 Passcode: 688829 Dial in: 669-900-9128	Contact: Judy 510-332-5618 Bonnie-Jo 415-250-6549	Meets M-F; weekly format varies; same Zoom link and contact information
6:30 PM mtg #53324 ONLINE	Step Study https://zoom.us/j/425476952?pwd=SHdwdU4yTFhBdUZGbfPqZEI1VEZkQT09	Meeting ID: 425 476 952 Passcode: 769573 Dial in: 669-900-9128	Contact: Shira 707-235-0207	
7:30 PM mtg #37831 IN PERSON	Big Book Study 400 Highland Ave, Piedmont CA 94611 (On Mountain Avenue between Highland & Craig at the rear of the church.)	OA signs are posted on the sidewalk near stairs leading up to the meeting	Contact: Doris 510-219-0867	Fragrance-free; not wheelchair accessible. Masks worn by consensus.
7:30 PM mtg #800037 ONLINE	“Breaking the Isolation” / Big Book Study https://zoom.us/j/829793220?pwd=SVB3UXF6QJkEXg1WG4xZ3hiOUdFZz09	Meeting ID 829 793 220 Passcode: 128365 Dial in: 669-900-9128	Contact Steve H: 510-530-4301	Meets daily; format varies; same Zoom link & contact info
WEDNESDAY				
7:00 AM mtg #24366 ONLINE	https://zoom.us/j/970584262?pwd=UmFxNIU0V3hkU0RYM21iTWVJWmtkQT09	Meeting ID 970 584 262 Passcode: 454347 Dial in: 669-900-9128	Contact: Jo 510-301-7933	Meets daily; format varies; same Zoom link & contact info
7:00 AM mtg #00509 ONLINE	https://zoom.us/j/715433435?pwd=MHVCM1gYb1VJVGVOZXIwDMvZXI5UT09	Meeting ID 715 433 435 Passcode: 688829 Dial in: 669-900-9128	Contact: Judy 510-332-5618 Bonnie-Jo 415-250-6549	Meets M-F; weekly format varies; same Zoom link and contact information
6:00 PM mtg #89945 ONLINE	https://zoom.us/j/452384903?pwd=bUJKWHlmQUplMzM5d1ByQ0VxWGZxQT09	Meeting ID 452 384 903 Passcode: 041562 Dial in: 669-900-9128	Contact: Jenne 510-409-8340	Freethinkers (Atheist/Agnostic/Secular) writing
7:30 PM mtg #53438 ONLINE	Step Study (OA literature) https://zoom.us/j/887790801?pwd=Uml3ckVwCHRwRkpkemxLMWZudlBKZz09	Meeting ID 887 790 801; Passcode: 536312 Dial in: 669-900-9128	Contact: Susan 510-390-1485	alternates: OA12-Step Workbook and <i>A New Beginning</i> ; <i>Stories of Recovery from Relapse</i>
7:30 PM mtg #47333 ONLINE	“Breaking the Isolation” Speaker /Literature/ Discussion https://zoom.us/j/829793220?pwd=SVB3UXF6QJkEXg1WG4xZ3hiOUdFZz09	Meeting ID 829 793 220 Passcode: 128365 Dial in: 669-900-9128	Contact Steve H: 510-530-4301	Meets daily; format varies; same Zoom link & contact info

THURSDAY				
7:00 AM mtg #24350 IN PERSON	St. Paul's Episcopal Church 114 Montecito Avenue, Oakland 94610 Enter at gate around corner on Bay Place.	Push call button; someone will come and let you in.	Contact: Thana 510-407-0524	Literature available. Mask & proof of vaccination required
7:00 AM mtg #24366 ONLINE	https://zoom.us/j/970584262?pwd=UmFxNIU0V3hkU0RYM21iTWVJWmtkQT09	Meeting ID 970 584 262 Passcode: 454347 Dial in: 669-900-9128	Contact: Jo 510-301-7933	Meets daily; format varies; same Zoom link & contact info
7:00 AM mtg #00508 ONLINE	https://zoom.us/j/715433435?pwd=MHVCM1gvb1VJVGVOZXIWbDMvZXI5UT09	Meeting ID 715 433 435 Passcode: 688829 Dial in: 669-900-9128	Contact: Judy 510-332-5618 Bonnie-Jo 415-250-6549	Meets M-F; weekly format varies; same Zoom link and contact information
10:00 AM mtg #89596 ONLINE	Step Study https://us02web.zoom.us/j/81980245014?pwd=VitYMEorako1YWhCaXpnaWdsc2lxdz09	Meeting ID 819 8024 5014 Passcode: 757766	Contact: John T. 510-282-8562	
7:30 PM mtg #57438 IN PERSON	"Spiritual Principles" 400 Highland Ave, Piedmont CA 94611 (On Mountain Avenue between Highland & Craig at the rear of the church.)	OA signs are posted on the sidewalk near stairs leading up to the meeting	Contact: Mich 510-417-8610	Fragrance-free; not wheelchair accessible. Masks worn by consensus.
7:30 PM mtg #89043 ONLINE	"Breaking the Isolation" https://zoom.us/j/829793220?pwd=SVB3UXF6QlJkeXg1WG4xZ3hiOUdFZz09	Meeting ID 829 793 220 Passcode: 128365 Dial in: 669-900-9128	Contact Steve H 510-530-4301	Meets daily; format varies; same Zoom link & contact info
FRIDAY				
7:00 AM mtg #24336 ONLINE	https://zoom.us/j/970584262?pwd=UmFxNIU0V3hkU0RYM21iTWVJWmtkQT09	Meeting ID 970 584 262 Passcode: 454347 Dial in: 669-900-9128	Contact: Jo 510-301-7933	Meets daily; format varies; same Zoom/ contact information
7:00 AM mtg #00507 ONLINE	https://zoom.us/j/715433435?pwd=MHVCM1gvb1VJVGVOZXIWbDMvZXI5UT09	Meeting ID 715 433 435 Passcode: 688829 Dial in: 669-900-9128	Contact: Judy 510-332-5618 Bonnie-Jo 415-250-6549	Meets M-F; weekly format varies; same Zoom/contact information
9:00 AM mtg #800174 ONLINE	Anorexic-Bulimic Focus https://us02web.zoom.us/j/81654124737?pwd=Z3BrV3k3RGZ4cXRXd2Z1a1ZFZURFUT09	Meeting ID: 816 5412 4737 Passcode: 459603 Dial in: 669-900-9128	Contact: John T. 510-282-8562	Anorexic-Bulimic Focus (<i>open only to those who identify as or who think they may be A/B</i>)
12:10 PM mtg #41024 ONLINE	https://us02web.zoom.us/j/84856469291?pwd=TnFtbFJaUUFnVVR5cmFOcHlxSXFpZz09	Meeting ID 848 5646 9291; Passcode: 211716 Dial in: 669-900-9128	Contact: Don 510-558-8507	
5:40 PM mtg #46479 ONLINE	https://us02web.zoom.us/j/84198439348?pwd=Q0tQRWFQZ0NoNEpPOTFoNm5DTIMzZz09	Meeting ID 841 9843 9348; Passcode 617471 Dial in at 669-900-9128	Contact Louis: 510-846-4607	NEWCOMER MEETING; REGULAR MEETING FOLLOWS
6:00 PM mtg #46479 ONLINE	https://us02web.zoom.us/j/84198439348?pwd=Q0tQRWFQZ0NoNEpPOTFoNm5DTIMzZz09	Meeting ID: 841 9843 9348; Passcode 617471 Dial in at 669-900-9128	Contact Louis: 510-846-4607	
7:30 PM mtg #89043 ONLINE	"Breaking the Isolation" https://zoom.us/j/829793220?pwd=SVB3UXF6QlJkeXg1WG4xZ3hiOUdFZz09	Meeting ID 829 793 220 Passcode: 128365 Dial in: 669-900-9128	Contact Steve H 510-530-4301	Meets daily; format varies; same Zoom link & contact info

SATURDAY				
7:00 AM mtg #31305 IN PERSON	St. Paul's Episcopal Church 114 Montecito Avenue, Oakland 94610 Enter at gate around corner on Bay Place.	Push call button; someone will come and let you in.	Contact: Thana 510-407-0524	Literature available. Mask & proof of vaccination required
7:00 AM mtg #24336 ONLINE	https://zoom.us/j/970584262?pwd=UmFxNIU0V3hkU0RYM21iTWVJWmtkQT09	Meeting ID 970 584 262 Passcode: 454347 Dial in: 669-900-9128	Contact: Jo 510-301-7933	Meets daily; format varies; same Zoom link & contact info
8:45-10 AM mtg #04833 ONLINE	https://us02web.zoom.us/j/89472412985?pwd=TFcwY2xUeVNjamRrL1pmQ2p6dVFBdz09	Meeting ID: 894 7241 2985; Passcode 595927 Dial in: 669-900-9128	Contact: Judy 510-332-5618	NEWCOMERS INVITED TO STAY AFTER 10:00 AM
9:00 AM mtg #52811 ONLINE	https://zoom.us/j/492750420?pwd=OXhITzZLOW9ySERDRHN0SW56RHNIQT09	Meeting ID: 492 750 420 Passcode: 475763 Dial in: 669-900-9128	Contact: Don H. 415-246-3086	
9:00 AM mtg #53647 IN PERSON	Back to Basics Step Study (alternates AA & OA) St. Paul's Lutheran Church 1658 Excelsior Ave(at Woodruff) Oakland 94602	Wheelchair accessible. Masks worn by consensus.	Contact: Lucy 925-944-0198	NEWCOMERS INVITED TO STAY AFTER 10:00 AM
10:00 AM mtg #34017 ONLINE	https://zoom.us/j/942358430?pwd=ZklsL3RFeTZUL0VWS0Q5SEc3N0Nldz09	Meeting ID: 942 358 430 Passcode: 202775 Dial in: 669-900-9128	Contact: Will 925-708-1353	
10:30 AM to noon, first Saturday only	Intergroup Business Meeting https://us02web.zoom.us/j/85035331768?pwd=SG95MmJmZ1BxUH02MllxRVh3VXhsZz09	Meeting ID 850 3533 1768; Passcode 425029 Dial in: 669-900-9128	Contact Louis: 510-846-4607	
11:00 AM to 12:15 PM mtg #10933 IN PERSON	Home of Truth Spiritual Center 1300 Grand Street (at Alameda Avenue) Alameda CA 94501	The meeting takes place in the Ohana Room, 2nd floor.	Contact: Peggy H. 510- 813-1830	Fragrance free. Not wheelchair accessible.
3:00 PM mtg ONLINE	Facing Health Challenges https://us02web.zoom.us/j/82808641809?pwd=Nk4rZzhZa1E3R0hDd0l3NzY2YVImZz09	Meeting ID:828 0864 1809 Passcode: serenity Dial in: 669-900-9128 Passcode: 72476479	Contact: Emily 510-917-6983	<i>Dealing with illness, chronic pain, disability: all OA members are welcome</i>
4:00 PM ONLINE	Men's OA Meeting https://us02web.zoom.us/j/82105933707?pwd=eGlaZWNNbEpPOTJuQ0ZscmVJL1BjQT09	Meeting ID: 821 0593 3707 Passcode: 089864 Dial in: 669-900-9128	Contact: Don H. 415-246-3086	
7:30 PM mtg #89043 ONLINE	"Breaking the Isolation" https://zoom.us/j/829793220?pwd=SVB3UXF6QlJkeXg1WG4xZ3hiOUdFZz09	Meeting ID 829 793 220 Passcode: 128365 Dial in: 669-900-9128	Contact Steve H: 510-530-4301	Meets daily; format varies; same Zoom link & contact info

For the most up-to-date meeting information, check our website, <https://www.eastbayoa.org/meetings.html>