

**EAST BAY UNITY INTERGROUP OF
OVEREATERS ANONYMOUS**
Summary of January 2, 2021 Intergroup Meeting

OA Literature: Intergroup provides free pamphlets for newcomers, returning members and members in relapse. If your group would like to request a Newcomer's pamphlet or a Welcome Back pamphlet for a member, please send the individual's mailing information to newcomers@eastbayoa.org. Please indicate which pamphlet is being requested.

In addition, the OA Newcomer Packet is available as an e-book for \$1.00. Available through [Amazon Kindle](#), [Apple Books](#), and [Barnes & Noble Nook](#). Print copies (#705) are also available from the OA bookstore at bookstore.oa.org.

Meeting Lists: A downloadable PDF of the intergroup meeting list has been posted at <http://www.eastbayoa.org/printable-east-bay-meeting-schedule/>

Events committee: The intergroup Events Chair is forming a committee to assist with planning events in 2021. You do not need to be an intergroup representative to participate. If interested, contact Emma at emma.ewel@gmail.com

Participating in Intergroup: If your group does not have an Intergroup representative, please consider attending the next Intergroup meeting. For more information, go to eastbayoa.org and click on "Intergroup", then "About East Bay Unity Intergroup". <http://www.eastbayoa.org/our-intergroup/about-unity-intergroup/>

Next Intergroup Meeting: February 6, 2021.