

SUNDAY

7:00 AM (Oakland) Contact: Jo 510-301-7933

<https://zoom.us/j/970584262?pwd=UmFxNIU0V3hkU0RYM2IiTWVJWmtkQT09>

Meeting ID: 970 584 262; Passcode: 454347

Dial in 669-900-9128

10:30 AM (Oakland) Contact: Laura (text): 415-626-7821

<https://us02web.zoom.us/j/84971589700?pwd=WVRkZjZwUTBYeUJuM2IHQzZrQk1vZz09>

Meeting ID: 849 7158 9700; Passcode: 016852

Dial in 669 900 9128

6:00 PM (5:30 newcomers) (Oakland)

Contact: Louis 510-846-4607

<https://us02web.zoom.us/j/85203714023?pwd=c1B6c1srTmtnN1dIR3N3RWZHa0dRUT09>

Meeting ID 852 0371 4023; Passcode: 802798

Dial in 669-900-9128

7:30 PM (Breaking the Isolation)

Contact: Steve H 510-410-8426 /

treasurer@eastbayoa.org

<https://zoom.us/j/829793220?pwd=eWtTVzBKVXdVR2MyVHZlV0xGWm9Udz09>

Meeting ID 829 793 220; Passcode: 128365

Dial in 669-900-9128

MONDAY

7:00 AM (Berkeley) Contact: Judy S 510-332-5618

<https://zoom.us/j/715433435?pwd=MHVCM1gvb1VJVGVkOZlWbDMvZlI5UT09>

Meeting ID 715 433 435; Passcode: 688829

Dial in 669-900-9128

7:00 AM (Oakland) Contact: Jo 510-301-7933

<https://zoom.us/j/970584262?pwd=UmFxNIU0V3hkU0RYM2IiTWVJWmtkQT09>

Meeting ID: 970 584 262; Passcode: 454347

Dial in 669-900-9128

12:10 PM (Berkeley) Contact: Mike 510-684-3696

<https://us02web.zoom.us/j/89614762748?pwd=NE1pc0p4KzlrVE0cWpyWHV4dXpqUT09>

Meeting ID: 896 1476 2748; Passcode: 319661

Dial in 669-900-9128

6:00 PM (Freethinkers)

Contact: Jenne 510-409-8340 / emeryvilleoa@gmail.com

<https://zoom.us/j/452384903?pwd=bUJKWHlmQUplMzM5d1ByQ0VxWGZxQT09>

Meeting ID: 452 384 903; Passcode: 041562

Dial in 669-900-9128

7:30 PM (Concord) Contact: Liz 909-771-9043

<https://us02web.zoom.us/j/89836131523?pwd=ZkNBcnBicUVuMml2RE1HV2RuL3dTZz09>

Meeting ID: 898 3613 1523; Passcode: 357662

Dial in 669-900-9128

7:30 PM (Breaking the Isolation, Step Study)

Contact: Steve H 510-410-8426 treasurer@eastbayoa.org

<https://zoom.us/j/829793220?pwd=eWtTVzBKVXdVR2MyVHZlV0xGWm9Udz09> Meeting ID 829 793 220

Passcode: 128365 Dial in 669-900-9128

TUESDAY

7:00 AM (Berkeley) Contact: Judy S 510-332-5618

<https://zoom.us/j/715433435?pwd=MHVCM1gvb1VJVGVkOZlWbDMvZlI5UT09>

Meeting ID 715 433 435; Passcode: 688829

Dial in 669-900-9128

7:00 AM (Oakland) Contact: Jo 510-301-7933

<https://zoom.us/j/970584262?pwd=UmFxNIU0V3hkU0RYM2IiTWVJWmtkQT09>

Meeting ID: 970 584 262; Passcode: 454347

Dial in 669-900-9128

6:30 PM (Walnut Creek, Step study)

Contact: Shira 707-235-0207

<https://zoom.us/j/425476952?pwd=SHdwdU4yTFhBdUZGZlYmZlVEZkQT09>

Meeting ID: 425 476 952 Passcode: 769573

Dial in 669-900-9128:

7:30 PM (Piedmont, Breaking the Isolation, Big Book)

Contact: Steve H 510-410-8426 treasurer@eastbayoa.org

<https://zoom.us/j/829793220?pwd=eWtTVzBKVXdVR2MyVHZlV0xGWm9Udz09>

Meeting ID 829 793 220; Passcode: 128365

Dial in 669-900-9128

**East Bay Unity Intergroup Overeaters Anonymous
Virtual meetings, February 2021**

WEDNESDAY

7:00 AM (Berkeley) Contact: Judy S 510-332-5618
<https://zoom.us/j/715433435?pwd=MHVCM1gvb1VJVGVOZXlWbDMvZXI5UT09>
Meeting ID 715 433 435; Passcode:688829
Dial in 669-900-9128

7:00 AM (Oakland) Contact: Jo 510-301-7933
<https://zoom.us/j/970584262?pwd=UmFxNIU0V3hkU0RyM2IiTWVJWmtkQT09> Meeting ID: 970 584 262;
Passcode: 454347
Dial in 669-900-9128

6:00 PM (Freethinkers, Emeryville))
Contact: Jenne 510-409-8340 /emeryvilleoa@gmail.com
<https://zoom.us/j/452384903?pwd=bUJKWHlMQUpIMzM5d1ByQ0VxWGZxQT09>
Meeting ID: 452 384 903; Passcode: 041562
Dial in 669-900-9128

7:30 PM (Albany) Contact: Susan C. 510-390-1485
Step study using 12 Step Workshop and Study Guide.
<https://zoom.us/j/887790801?pwd=Uml3ckVwcHRwRkpkemxLMWZudlBkZz09>
Meeting ID 887 790 801; Passcode: 536312
Dial in 669-900-9128

7:30 PM (Piedmont, Breaking the Isolation, Speaker, literature, discussion)
Contact: Steve H 510-410-8426/treasurer@eastbayoa.org
<https://zoom.us/j/829793220?pwd=eWtTVzBKVXdVR2MyVHZlV0xGWm9Udz09>
Meeting ID 829 793 220; Passcode: 128365
Dial in 669-900-9128

THURSDAY

7:00 AM (Berkeley) Contact: Judy S 510-332-5618
<https://zoom.us/j/715433435?pwd=MHVCM1gvb1VJVGVOZXlWbDMvZXI5UT09>
Meeting ID 715 433 435; Passcode:688829
Dial in 669-900-9128

7:00 AM (Oakland) Contact: Jo 510-301-7933
<https://zoom.us/j/970584262?pwd=UmFxNIU0V3hkU0RyM2IiTWVJWmtkQT09> Meeting ID: 970 584 262;
Passcode: 454347
Dial in 669-900-9128

10:00 AM (Richmond) Contact: Don 415-246-3086
<https://us02web.zoom.us/j/81980245014?pwd=VitYMEora1YWhCaXpnaWdsc2lxdz09>
Meeting ID: 819 8024 5014; Passcode: 757766
Dial in 669-900-9128

12:00 PM (Berkeley) Contact: Betsy 510-809-7252
<https://us02web.zoom.us/j/88499160892?pwd=SDFYanlmYVpRb09GK3duTkFLMIJ0dz09>
Meeting ID: 884 9916 0892; Passcode: 521167
Dial in 669-900-9128

7:30 PM (Breaking the Isolation, Literature, discussion)
Contact: Steve H 510-410-8426/treasurer@eastbayoa.org
<https://zoom.us/j/829793220?pwd=eWtTVzBKVXdVR2MyVHZlV0xGWm9Udz09>
Meeting ID 829 793 220; Passcode: 128365
Dial in 669-900-9128

FRIDAY

7:00 AM (Berkeley) Contact: Judy S 510-332-5618
<https://zoom.us/j/715433435?pwd=MHVCM1gvb1VJVGVOZXlWbDMvZXI5UT09>
Meeting ID 715 433 435; Passcode:688829
Dial in 669-900-9128

7:00 AM (Oakland) Contact: Jo 510-301-7933
<https://zoom.us/j/970584262?pwd=UmFxNIU0V3hkU0RyM2IiTWVJWmtkQT09> Meeting ID: 970 584 262;
Passcode: 454347
Dial in 669-900-9128

12:10 PM (Berkeley) Contact: Don 510-558-8507
<https://us02web.zoom.us/j/84856469291?pwd=TnFtbFJaUUFnVVR5cmFOcHlxSXFpZz09>
Meeting ID 848 5646 9291; Passcode: 211716
Dial in 669-900-9128

6:00 PM (5:40 Newcomers) (Oakland)
Contact: Louis 510-846-4607
<https://us02web.zoom.us/j/84198439348?pwd=Q0tQRWFQZ0NoNEpPOTFoNm5DTIMzZz09> Meeting ID: 841 9843 9348; Passcode: 617471
Dial in 669-900-9128

7:30 PM (Breaking the Isolation, Literature, discussion)
Contact: Steve H 510-410-8426/treasurer@eastbayoa.org
<https://zoom.us/j/829793220?pwd=eWtTVzBKVXdVR2MyVHZlV0xGWm9Udz09>
Meeting ID 829 793 220; Passcode: 128365
Dial in 669-900-9128

**East Bay Unity Intergroup Overeaters Anonymous
Virtual meetings, February 2021**

SATURDAY

7:00 AM (Oakland) Contact: Jo 510-301-7933

<https://zoom.us/j/970584262?pwd=UmFxNIU0V3hkU0RyM21iTWVJWmtkQT09>

Meeting ID: 970 584 262; Passcode: 454347

Dial in 669-900-9128

8:45 to 10:00 AM (Berkeley)

Newcomers invited to stay after 10 AM

Contact: Judy S 510-332-5618)

<https://us02web.zoom.us/j/89472412985?pwd=TFcwY2xUeVNjamRrL1pmQ2p6dVFBdz09>

Meeting ID: 894 724 12985; Passcode: 595927

Dial in 669-900-9128

9:00 AM (El Cerrito) Contact: Don 415-246-3086

<https://zoom.us/j/492750420?pwd=OXhITzZLOW9ySERDRHN0SW56RHNIQT09>

Meeting ID: 492 750 420 Passcode: 475763

Dial in 669-900-9128

9:00 AM (Newcomers 8:30) (Oakland, Step Study)

Contact: Lucy 925-944-0198

<https://us02web.zoom.us/j/89959517007?pwd=K2NoVkeYV0kvbIVtaHFQGTG5BTnEwdz09>

Meeting ID: 899 595 17007 Passcode: 970927

Dial in 669-900-9128

10:00 AM (Pleasant Hill) Contact: Will 925-708-1353

<https://zoom.us/j/942358430?pwd=ZklsL3RFeTZUL0VWS0Q5SEc3N0Nldz09>

Meeting ID: 942 358 430; Passcode: 202775

Dial in 669-900-9128

**** Returning** 11:00 AM Alameda**

Contact: Peggy H., 510-813-1830

<https://us02web.zoom.us/j/89784234717?pwd=a0ZHTDAXblpUdEtua2pqbzFEOW1BZz09>

Meeting ID: 897 8423 4717 Passcode: 639258

Dial in 669-900-9128

**** New** 3:00 PM Facing Health Challenges --**

-- chronic pain, illness, disability. All are welcome

Contact: Emily 510-917-6983

<https://us02web.zoom.us/j/82808641809?pwd=Nk4rZzhza1E3R0hDd0l3NzY2YVlmZz09>

Meeting ID: 828 0864 1809 Passcode: serenity

Dial in 669-900-9128

4:00 PM Men's OA Meeting Contact: Don 415 246 3086

or mensoasc20@gmail.com

<https://us02web.zoom.us/j/82105933707?pwd=eGlaZWNBbEpPOTJuQ0ZscmVJL1BjQT09>

Meeting ID: 821 0593 3707 Passcode: 089864

7:30 PM (Breaking the Isolation, Speaker, discussion)

Contact: Steve H 510-410-8426 treasurer@eastbayoa.org

<https://zoom.us/j/829793220?pwd=eWtTVzBKVXdVR2MyVHZlV0xGWm9Udz09>

Meeting ID 829 793 220; Passcode: 128365

Dial in 669-900-9128

****New!** 9:00 PM OA Stories**

Contact: Steve H 510-410-8426 treasurer@eastbayoa.org

<https://us02web.zoom.us/j/85635480759?pwd=ZHdkbkpGeEpvQOwaFBCYk42RUF2QT09>

Meeting ID: 856 3548 0759 Dial in 669-900-9128

Same Passcode for both: 670696

NOTES / PHONE NUMBERS