

**EAST BAY UNITY INTERGROUP OF  
OVEREATERS ANONYMOUS**  
**Summary of July 4, 2020 Intergroup Meeting**

**OA Literature:** If your group has a newcomer who needs a newcomer pamphlet, please contact either Louis at [lquindlen@peralta.edu](mailto:lquindlen@peralta.edu) or Karen at [kaydee@sonic.net](mailto:kaydee@sonic.net).

**Open positions:** Intergroup needs a Vice Chair. If interested, please contact Bill at [williambillmac@aol.com](mailto:williambillmac@aol.com).

**Zoom training:** Anyone who would like training on how to be a Zoom Host for a meeting, please contact Steve H. at [treasurer@eastbayoa.org](mailto:treasurer@eastbayoa.org)

To address some problems we've experienced, we'll be holding a meeting on Saturday 7/18 at 10:30am to discuss a proposal to restructure our intergroup's Zoom accounts. If interested, contact Steve H. at [treasurer@eastbayoa.org](mailto:treasurer@eastbayoa.org) to get the link to join the meeting.

**New Intergroup Representatives:** Please come to the Intergroup Zoom meeting 15 minutes early (10:15 a.m.) for orientation. The Zoom link is on the Intergroup website (<http://www.eastbayoa.org/>) under Saturday meetings.

**R2 Convention July 10-12:** The convention is moving to a virtual format; the program has been finalized. The R2 convention is an important fund raiser for our region. To register, go to [https://www.oar2.org/upcoming-convention.html#](https://www.oar2.org/upcoming-convention.html#/)/. Check out the SWAG – tote bags and journals.

**East Bay OA Podcast Channel:** The podcast channel is now LIVE! Please spread the word at your meetings. You can find the podcast by searching for “Overeaters Anonymous East Bay” in your podcast app.

The podcast is looking for meetings to contribute speaker shares. If your meeting regularly has speaker shares, please bring this up at your group’s next business meeting.

For any questions, please email David at [dmarcus3388@gmail.com](mailto:dmarcus3388@gmail.com) or [eastbayoapodcast@gmail.com](mailto:eastbayoapodcast@gmail.com)

**12-Step Marathon September 19 will be virtual via Zoom.** The Marathon will be from 1-4 pm. Emma is looking for speakers. Please contact Emma at 425-205-9211.

**7<sup>th</sup> Tradition:** During the shelter-in-place period, individual groups will decide how to handle the 7<sup>th</sup> Tradition.

**Nightly virtual meetings:** Latest information is on the Intergroup home page: <http://www.eastbayoa.org/>

**Next Intergroup Meeting:** August 1, 2020.